

The World Buddhist University Sunday Forum

A Child, a dog & our Buddha nature



Date & Time : November 1st , 2552(2009), 12.00-13.30 P.M.
Speaker ; Mr. Richard Rubacher
Moderator: Dr. Chris Stanford
Rapporteur: Mrs. Suttinee Yavaprapas

Richard is collaborating with a Hollywood producer-director for the film rights on his new book, *CHARLES MANSON'S BLOOD LETTERS--dueling with the devil*. As a graduate student Richard published research papers on "the Manhattan Project of the Mind." His first presentation at WBU, "Hollywood & the Buddha" was in March 2008. His research paper, "Psychological Near-Death Experiences: the marriage of heaven & hell," was presented to the International Association of Near-Death Studies at its Fifth Annual North American Conference at the University of Hartford, CT in 1997. He is the author of *Thai Touch* where the good and bad about Thailand are told with a comic touch. He appears on dharma radio talk shows and was interviewed by Thai monks on a dharma TV show in Bangkok. He was interviewed by the shock jock, Howard Stern.

Richard claimed for his special sensitivity and perceptiveness. He talked about **the Aha moments or the Buddha nature** he himself has experienced in his life. He first mentioned about the definition of terms he was going to use:

Child's Mind: In situations of stress, he enters a state of 'absurd calmness.' Being in a child's mind he sees the universe as a safe place.

Dog: A dog knows its Buddha Nature.

Buddha Nature means recurring epiphanies or 'aha moments' that results in joy. People with the most epiphanies on the planet are Oprah, the Dog Whisperer, the Dalai Lama and Irena Sendler (the female version of Oskar Schindler).

Supernatural means of or relating to things that cannot be explained according to natural law

He started of with a child. He said, "Baby is in a room. After awhile there is no room in the little room. So baby is forced to have a paradise into the big room. At first he is confused. It is hungry. It is cold. It is wet. It is not a safe place to be. Then it is fed by its mom. It has clothes to put on. It is seeing many faces looking at it, smiling at it. It then comes to think the big room is a good place after all."

He then mentioned about his life when he was eleven. The Rubacher family moved from Manhattan to Brooklyn. In the housing project, he became a sex slave to Alcatraz, the leader of the Tomahawks. There, the big room was not a safe place to be anymore. It led to his first experience with his Buddha Nature—a glorious epiphany at age eleven when he no longer wanted to be a sex slave to the leader of the Tomahawks. He talked

about the initiation torture of the first white boy into an all-black gang. The aftermath of the initiation was going into battle with another Brooklyn gang. It was rather frustrating. Yet, he felt so good.

In 1955, he quit high school at 15 and started to work. He went to the air force for 3 years. Every year, there was a different kind of tests to prove that the big room was a safe place to be in. He talked about the most life turning situation. He was in the street of Tokyo at nighttime. He got stuck into the back of the car by four Japanese men. There was a time when the state of absurd calmness came in. He said to them if this world was not going to be the safe place for him, as a dying man, he wished to have a request to have a smoke and another request to be with a woman. He went to the house and knocked on a paper door. A woman came over there. He felt so good. The world was a safe place to him.

Fast forward to Detroit in April 1968, the night after Martin Luther King Jr. was murdered. He, along with a crippled friend, was caught in a Detroit ghetto after the 8:00 p.m. curfew. An epiphany came about in the ghetto.

Fast forward to San Francisco's Haight Ashbury when he was assistant director in a halfway house for ex-cons. He had to inform Jitterbug that he was expelled from the house by a committee of ex-cons. Jitterbug, the winner of a thousand battles, attacked him. What happened immediately after the attack was another epiphany, a supreme aha moment.

Another incident with Jitterbug was a week after his expulsion. A black angel came to his rescue when Jitterbug came to his room at the halfway house. In his own words, Richard said, "Angels are protectors. Indeed, there is supernatural. This is something in the world that we cannot understand."

Richard also described an incident in 1976 with a Charles Manson family member who came to his San Francisco flat on Manson's orders. After visiting Manson in jail, Charlie sent Richard several boxes of the fan-mail & family correspondence he had been sent up till then. Manson demanded the return of the letters. Richard refused. Manson sent 'Elf' to reclaim them, but Richard, using Manson's mind-manipulation techniques, managed to send 'Elf' away and managed to forestall another of Charlie's potential killers some time later in a similar fashion - the secret agenda became known to him as absurd calmness, an epiphany.

As for the dog and the Buddha nature, enter Matthew Fox, the Roman Catholic priest who was summoned to the Vatican to explain why he placed his dog above the Gentleman from Nazareth; the church's theological elite were also upset with his book, *Original Blessing*. Matthew Fox debunked original sin. He endorsed Mark Twain's quip—original sin is man's fall into seriousness.

Enter Cesar Millan, 'the dog whisperer.' He releases dogs from suffering (dukkha) to happiness (sukkha). He catapults people -dog owners- into an epiphany.

His experiences with dogs before and after knowing about the dog whisperer's magical formula were vividly retold.

Richard outlined ways to enter the supernatural or altered awareness

- 1 Rhythmic dancing
 - 2 Drumming
 - 3 Psychedelics like DMT (the spirit molecule), mescaline. LSD, iboga, etc.
 - 4 Prayer
 - 5 Meditation
 - 6 Accident(including a head injury)
 - 7 Spontaneous entrance
 - 8 Flagellation
 - 9 Fasting
 - 10 Chanting
 - 11 debilitating illness
 - 12 prolonged isolation or seclusion
 - 13 solitude smiling
 - 14 happy thoughts and happy feelings
 - 15 laughing
 - 16 swimming
- etc.

